



# FALL 2026 ELECTIVE CHOICES

## 6th-12th Grade **NUTRITION**

Designed specifically for middle and high school learners, this engaging 45-minute elective teaches practical eating habits that support growth, athletic performance, mental focus, and everyday energy.



## 6th-12th Grade **DIGITAL MEDIA**

From newsroom broadcasts to digital feeds, this fast-paced, 45-minute elective turns learners from passive media consumers into sharp, ethical creators. Learners step behind the mic, camera, and editing bay to produce impactful news segments, podcasts, and video reports.



For more details:  
(916) 755-2711



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